# CHOOSE ORIGINAL OR GIANT

## ORIGINAL

- **9-GRAIN HAND-SLICED WHEAT** Favourites & Plain Slims less 280/Classics less 210 cal
- **8" FRENCH BREAD** Favourites add 40/Classics add 30 cal
- **9-GRAIN WHEAT BREAD** Favourites & Plain Slims add 30/Classics add 40 cal

## GIANT

- **16" FRENCH BREAD**
- **16" 9-GRAIN WHEAT BREAD**

# CHOOSE A SANDWICH

## GARGANTUAN

**SLAMINTI, CAPICOLA, TURKEY, ROAST BEEF, HAM & PROVOLONE**

THE J.J. GARGANTUAN™ onion, lettuce, tomato, mayo, oil & vinegar, & oregano-basil 1100/2190 cal

## FAVORS

### ORIGINAL ★ GIANT

| #8 | ROAST BEEF, HAM & PROVOLONE | 830/1660 cal
| #9 | BIG NIGHT CLUB™ dijon, lettuce, tomato & mayo | 950/1890 cal
| #10 | HUNTER’S CLUB™ lettuce, tomato & mayo | 850/1690 cal
| #11 | BOTTLELEGER CLUB™ lettuce, tomato & mayo | 710/1410 cal
| #12 | SLICED TURKEY & BACON CLUB LULU™ lettuce, tomato & mayo | 710/1410 cal
| #17 | ULTIMATE HAM BLT™ | 720/1430 cal

## CLASSICS

### ORIGINAL ★ GIANT

| #2 | BIG JOHN® lettuce, tomato & mayo | 1020/2040 cal
| #4 | TURKEY BREAST | 510/1010 cal
| #5 | VITO® salami, capicola, provolone, onion, lettuce, tomato, oil & vinegar, & oregano-basil | 620/1230 cal
| #1 | HAM & PROVOLONE | 630/1250 cal
| #3 | TUNA SALAD | 560/1110 cal
| #6 | THE VEGGIE | 690/1380 cal

# ADD-ONS

## GIANT ADD-ONS ARE TWICE THE PRICE

- **HAMBEEF 90/180 cal**
- **TURKEY 90/180 cal**
- **PICKLES 90/180 cal**
- **AVO 150/300 cal**
- **SALAMI & CAPICOLA 150/300 cal**
- **BACON 90/180 cal**
- **PROVOLONE CHEESE 110/220 cal**
- **AVOCADO SPREAD 25/50 cal**
- **KICKIN RANCH® 150 cal ea.**

## ADD-ONS ARE TWICE THE PRICE

- **3 MUSTARDS**
  - **YELLOW MUSTARD** 5 cal ea.
  - **GREY POUPON®** 5/10 cal
  - **JIMMY MUSTARD®** 10/20 cal
- **OIL & VINEGAR 45/90 cal**
- **OREGANO-BASIL 0/5 cal**
- **JIMMY PEPPERS®** 5/10 cal
- **ONION 5/10 cal**
- **SLICED PICKLES 5/10 cal**
- **CUCUMBER 5/10 cal**
- **LETTUCE 5/10 cal**
- **SPROUTS®** 5/10 cal added calories for Original/Giant

## DRINKS & SIDES

### DRINKS

- **22oz SOFT DRINK 0-330 cal**
- **32oz SOFT DRINK 0-450 cal**
- **DASANI® BOTTLED WATER 0 cal**
- **REGULAR 300 cal**
- **BBQ 300 cal**
- **JALAPENO 300 cal**
- **SALT & VINEGAR 300 cal**
- **THINNY® 280 cal**

### COOKIES

- **TRIPLE CHOCOLATE CHUNK 410 cal**
- **OATMEAL RAISIN 370 cal**

### SIDES

- **SLICED PICKLES 5/10 cal**
- **ONION 5/10 cal**
- **SPROUTS®** 5/10 cal
- **MAYO 5/10 cal**
- **SALAMI & CAPICOLA 260/520 cal**
- **TUNA SALAD 260/520 cal**
- **ROAST BEEF 260/520 cal**
- **HAM 260/520 cal**
- **BACON 260/520 cal**

## negócio

- **5/10 cal**
- **5/10 cal**
- **150 cal**
- **150 cal**
- **150 cal**
- **150 cal**

# PLAN SLIMS®

(Perfect for kids) Originally only no freebies.

| #1 | HAM & CHEESE | 570 cal
| #2 | ROAST BEEF | 480 cal
| #3 | TUNA SALAD | 650 cal
| #4 | TURKEY | 450 cal
| #5 | ITALIAN | 660 cal
| #6 | CHEESE | 610 cal

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*Delivery charges are not distributed to employees as tips.*

**Waking:** The Department of Health advises that eating too much sodium (salt) can increase your risk of high blood pressure, especially if you have other heart risk factors such as being overweight. For further information, contact your physician or local Public Health Department. ©2018 Jimmy John’s Franchisor SPV, LLC. All Rights Reserved.